

Prehabilitation Program to Improve Cardiac Reserve in High-Risk Patients Undergoing Hematopoietic Stem Cell Transplantation

NCT05945121

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|-------------------|--|
| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | University of Michigan Rogel Cancer Center |
| Enrollment | 10 participants |

Key Eligibility Criteria

Inclusion (6)

- Adult 18 years or older
- Referred for HSCT evaluation
- Presence of least one CV risk factor at enrollment (hypertension, hyperlipidemia, atrial fibrillation, obesity, heart failure, history of coronary artery disease, diabetes)
- Able to ambulate unassisted
- Ability to understand and the willingness to sign a written informed consent
- ... and 1 more (see full listing online)

Exclusion (9)

- Severe anemia (hemoglobin <7 gm/dl)
- Untreated high-risk coronary artery disease (left main, triple vessel disease)
- Severe aortic stenosis
- Recent fracture as assessed via self-report
- Gross balance deficits
- ... and 4 more (see full listing online)

Locations (1 total)

University of Michigan Rogel Cancer Center, Ann Arbor, Michigan, United States