

MR-spectroscopy in Post-covid Condition Prior to and Following a Yoga Breathing Intervention

NCT05946512

Status	RECRUITING
Phase	Not Applicable
Sponsor	Medical University Innsbruck
Enrollment	320 participants

Key Eligibility Criteria

Inclusion (27)

- Eligible patients will be recruited at the Respiratory Outpatient Clinic (Medical University Innsbruck, Internal Medicine II) from the PRECISE registry or from other participating clinics at Medical University Innsbruck and via local advertisement.
- Persistent respiratory symptoms for 3 months after infection (mMRC dyspnea score ≥ 1).
- Absence of obstructive or restrictive lung disease or unilateral diaphragmatic paresis.
- Medical history with symptoms compatible with DB as assessed by the physician AND Nijmegen cut-off score of ≥ 23 or reduced MIP. The last two conditions were chosen to provide a readily accessible and objectifiable entry criterion at the inclusion visit.
- Age ≥ 18 years, < 50 years.

... and 22 more (see full listing online)

Exclusion (28)

- Conditions precluding magnetic resonance imaging (MRI) such as metal implants in the body (e.g., pacemakers, surgical devices), phobic anxiety, claustrophobia, or pregnancy.
- Active psychiatric conditions interfering with study participation such as psychosis or acute suicidality.
- Severe fatigue interfering with study participation.
- Previous evidence of structural brain abnormality on the structural MRI scan.
- Significant previous meditation or Yoga experience.

... and 23 more (see full listing online)

Locations (1 total)

Medizinische Universität Innsbruck, Innsbruck, Tyrol, Austria