

Effects of Remote Ischemic Preconditioning on Peripheral Blood Biomarkers in Healthy Adults (EMINENT)

NCT05957523

Status	RECRUITING
Phase	Not Applicable
Sponsor	First Affiliated Hospital Xi'an Jiaotong University
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (3)

- Aged 18 to 45 years;
- Be in good health;
- Consent to participate in the clinical trial and sign the informed consent form.

Exclusion (13)

- Abnormal results in biochemical checks and physiological indicators.
- Cardiovascular and cerebrovascular diseases: hypertension, coronary heart disease, congenital heart disease, cerebrovascular alterations, etc.
- Endocrine diseases: diabetes, thyroid disorders, etc.
- Hematologic diseases: anemia, paroxysmal hemoglobinuria, primary thrombocytosis, etc.
- Infectious diseases: hepatitis B, hepatitis C, syphilis, etc.
- ... and 8 more (see full listing online)

Locations (1 total)

First Affiliated Hospital of Xian Jiantong University, Xi'an, Shaanxi, China