

# Quitxt Mobile Text Messaging Cessation Research Study

NCT05958667

---

<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	The University of Texas Health Science Center at San Antonio
<b>Enrollment</b>	1,200 participants

## Key Eligibility Criteria

---

### Inclusion (10)

- Latinos
- aged 18-29 years;
- smoking at least one cigarette/day e3 days/week;
- interested in quitting;
- willing to provide follow-up data;
- ... and 5 more (see full listing online)

### Exclusion (5)

- are not interested in quitting;
- are unable to provide consent due to a mental, emotional, or physical handicap that keep them from understanding the consent information;
- do not own a cell phone with text and Internet capabilities;
- are unable to respond to text messages and questions or unable to view the study mobile webpages/YouTube videos (i.e., if they are blind, deaf); or
- are planning to move from the study area within the study time span.

## Locations (1 total)

---

The University of Texas Health Science Center at San Antonio, San Antonio, Texas, United States