

Telehealth Cognitive Behavioral Therapy for Youth at Risk for Psychosis

NCT05968560

Status	RECRUITING
Phase	Not Applicable
Sponsor	Icahn School of Medicine at Mount Sinai
Enrollment	72 participants

Key Eligibility Criteria

Inclusion (5)

- Age 14-25
- Ability to participate in assessments and treatment in English
- Meets criteria for psychosis-risk on SIPS
- Stable on medications; no changes within 1 month prior to enrollment
- Identification of one "family member" with >4 hours/week contact who is willing to participate ("Family member" can be any blood relative, spouse, significant other, or close friend whom the subject identifies as a consistent and important person in their life).

Exclusion (3)

- Intellectual disability (IQ<70)
- Medical condition known to cause psychosis
- Moderate or severe substance use disorder and active use within the past 30 days.

Locations (1 total)

Icahn School of Medicine at Mount Sinai, New York, New York, United States