

# Standing Desk Converter & Habitual Posture

NCT05970588

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Olga Theou
<b>Enrollment</b>	50 participants

## Key Eligibility Criteria

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### Inclusion (6)

- years of age or older
- Are normotensive, cognitively healthy, and do not have a history of fainting while standing
- Are able to stand for 10 min without assistance (e.g., require a walker, person assistance)
- Are not allergic to clear medical adhesive (Tegaderm™, 3M) used to secure the activPAL activity monitors
- Use a seated desk at least 20 hours/week in the last month and do not use a standing or active desk already
- ... and 1 more (see full listing online)

### Exclusion (8)

- Younger than 18 years old
- Hypertension (resting systolic pressure  $>139$  mmHg and/or diastolic pressure  $>89$  mmHg)
- Have a diagnosed cognitive impairment
- Have a history of orthostatic hypotension/intolerance and/or fainting while standing
- Cannot stand for at least 10 min without assistance (e.g., require a walker, person assistance)
- ... and 3 more (see full listing online)

## Locations (1 total)

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Dalhousie University, Halifax, Nova Scotia, Canada