

# Association of HsCAR with MAFLD and Liver Fibrosis: a Cross-sectional Study

NCT05974904

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**Status** RECRUITING  
**Sponsor** Chongqing Medical University  
**Enrollment** 7,000 participants

## Key Eligibility Criteria

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### Inclusion (12)

- Total participants from NHANES 2017-2020
- Participants diagnosed with MAFLD. Metabolic dysfunction-associated fatty liver disease (MAFLD) is the term used to describe hepatic steatosis in the presence of metabolic abnormalities, excess weight, obesity, or type 2 diabetic mellitus.
- Diagnosis of diabetes mellitus: (1) taking glucose-lowering drugs; (2) HbA1c  $\geq$  6.5% (48 mmol/mol); (3) fasting plasma glucose  $\geq$  7.0 mmol/L (126 mg/dL); (4) 2-hour plasma glucose (2hPG)  $\geq$  11.1 mmol/L (200 mg/dL).
- Overweight or obesity: defined as BMI  $\geq$  25 kg/m<sup>2</sup> in Caucasians or BMI  $\geq$  23 kg/m<sup>2</sup> in Asians
- If presence of at least two metabolic risk abnormalities:  
... and 7 more (see full listing online)

### Exclusion (4)

- Liver ultrasound data not available
- participants without complete clinical data
- participants under 18 years old
- participants with cancer.

## Locations (1 total)

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The Second Affiliated Hospital of Chongqing Medical University, Chongqing, Chongqing Municipality, China