

Dietary Intervention to Mitigate Post-Acute COVID-19 Syndrome

NCT05977179

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Maryland, Baltimore
Enrollment	56 participants

Key Eligibility Criteria

Inclusion (5)

- Age of 50 years or older
- No known active infectious disease (COVID-19 or other).
- Participant diagnosed with long-COVID/ post- acute COVID-19 syndrome (PACS) /ICD-10-CM codes U09.9
- Moderate/severe fatigue Brief Fatigue Inventory (BFI)e4
- Poor diet quality assessed by the short Healthy Eating Index (HEI)\<70

Exclusion (17)

- Participants with a home oxygen requirement or requiring chronic ventilator support
 - Participants diagnosed with diabetes who do not have a recent HbA1c level or with HbA1c \> 9%
 - Participants diagnosed with Congestive Heart Failure (CHF New York Heart Association) \> class 2
 - Participants with dietary restrictions due to medication use that affects blood clotting, such as Warfarin or other reasons.
 - Evidence of any condition as determined by a physician or the study team that would lead to an increased risk of illness due to any aspect of proposed testing and interventions, or introduce unanticipated confounding of study results.
- ... and 12 more (see full listing online)

Locations (1 total)

University of Maryland, Baltimore, Baltimore, Maryland, United States