

# Increasing Food Literacy in Preschoolers to Reduce Obesity Risk

NCT05977348

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Penn State University
<b>Enrollment</b>	770 participants

## Key Eligibility Criteria

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### Inclusion (1)

- Preschool children enrolled in participating centers

### Exclusion (5)

- Severe food allergies that prevent children from consuming project foods
- Presence of a developmental or sensory disability that affects food intake and/or learning
- Lack of English fluency (children and caregivers)
- Children not regularly present during days/times that intervention lessons are delivered
- Parents who are not involved in feeding/preparing meals for children at least 50% of the time

## Locations (1 total)

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The Pennsylvania State University, University Park, Pennsylvania, United States