

Operative vs Non-operative Management of Posterior-medial Meniscal Root Tears: A Randomized Multicenter Trial (RCT)

NCT05985772

Status	RECRUITING
Phase	Not Applicable
Sponsor	Rush University Medical Center
Enrollment	140 participants

Key Eligibility Criteria

Inclusion (2)

- MRI-verified isolated tibial medial meniscus root tear
- Subject must be 18 years of age or older

Exclusion (5)

- Concurrent ligamentous knee pathology requiring surgical intervention (i.e. anterior cruciate ligament tear, posterior cruciate ligament tear, posterolateral corner injury, high-grade medial collateral ligament tear),
- Preoperative Kellgren-Lawrence grade of 3 or 4
- Inability to complete outcome questionnaires or comply with required postoperative imaging or MRI requirements, or medical contraindications to surgery or physical therapy.
- Pregnancy
- Subjects < 18 years of age

Locations (1 total)

Rush University Medical Center, Chicago, Illinois, United States