

The Sweet Kids Study (Stevia on Weight and Energy Effect Over Time)

NCT05992688

Status	RECRUITING
Phase	Not Applicable
Sponsor	Arkansas Children's Hospital Research Institute
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (5)

- Age 8-12 years
- Normal weight: BMI percentile e5th to \<85th
- Excessive weight: BMI percentile e 85th and \<140% of the 95th percentile or BMI e35 to \<40 kg/m2
- Current consumption of sugar sweetened beverages (e2 times /wk)
- Low consumption of non-nutritive sweeteners (d 3 time/wk)

Exclusion (23)

- Children with class 3 obesity (i.e., BMI e 140% of the 95th percentile or BMI e 40.0 kg/m2)
- Dislike of experimental beverage taste (assessed at initial visit)
- Asthma that requires daily use of inhalers to keep symptoms under control.
- Asthma that requires use of rescue inhalers (e.g., albuterol) \>2 days per week
- Exercise induced asthma.

... and 18 more (see full listing online)

Locations (2 total)

Arkansas Children's Nutrition Center, Little Rock, Arkansas, United States
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