

Virtual Physical Therapy Support for Runners

NCT05994833

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Florida
Enrollment	85 participants

Key Eligibility Criteria

Inclusion (6)

- Age of 18 to 65 years
 - Regularly running at least 12 miles a week prior to development of musculoskeletal complaint.
 - Free of surgical history of surgery to either lower limb
 - No history of major bony injury to the lower limb such as traumatic fracture, within the past 12 months
 - Presence of chronic lower body running related injuries (e.g., patellofemoral pain, IT band syndrome, Achilles tendinitis, chronic lower back pain after running)
- ... and 1 more (see full listing online)

Exclusion (9)

- Pregnant women
 - < 18 or 65 years
 - BMI >35 kg/m²
 - Mental disablement (down's syndrome or dementia)
 - Any persons incarcerated, on parole, on probation, or awaiting trial.
- ... and 4 more (see full listing online)

Locations (1 total)

University of Florida College of medicine- Dept of PM&R, Gainesville, Florida, United States