

Congenital Heart Disease Physical Activity Lifestyle Study V.2

NCT06003023

Status	RECRUITING
Phase	Not Applicable
Sponsor	Jamie Jackson
Enrollment	144 participants

Key Eligibility Criteria

Inclusion (3)

- Between the ages of 15-25 years
- Diagnosed with moderate or complex structural CHD
- Actively receiving care from a cardiologist at Nationwide Children's Hospital (NCH) or Ohio State University (OSU)

Exclusion (11)

- Unable to speak and read proficiently in English
- Have a diagnosis of a genetic syndrome that impacts multiple organ systems
- Have cognitive impairments that would interfere with completing study measures
- Have been engaged in a formal exercise program within the past 6 months,
- Have participated in the intervention arm of the previous CHD-PAL Study
- ... and 6 more (see full listing online)

Locations (1 total)

Nationwide Children's Hospital, Columbus, Ohio, United States