

Group-Based Psychological Treatments Over Video Conference for Older Veterans With Chronic Pain

NCT06004804

Status	RECRUITING
Phase	Not Applicable
Sponsor	VA Office of Research and Development
Enrollment	216 participants

Key Eligibility Criteria

Inclusion (5)

- Eligible individuals are
- Veterans;
- age 60-95 years;
- have at least 3 months of musculoskeletal pain, including the following conditions: back, neck, leg, or pelvic pain; temporomandibular joint disorders; fibromyalgia; tension headaches; or any combination of these disorders; and
- have an average daily pain intensity of at least 4 on a 0 to 10 scale.

Exclusion (3)

- pain conditions likely to respond pharmacologic or surgical treatment only when they are the primary or sole complaint: hip or knee osteoarthritis, leg pain greater than back pain (to exclude radiculopathy), electromyography-confirmed "tunnel" syndromes (e.g., carpal tunnel syndrome), gout, neuralgias, migraine, and cluster headaches;
- non-musculoskeletal pain conditions: autoimmune disease that typically generates pain (e.g., rheumatoid arthritis), cancer pain, sickle cell disease, burn pain, infection associated with pain, and cauda equina syndrome; and
- these conditions or circumstances: severe psychiatric disorder such as schizophrenia or bipolar I disorder not controlled with medications, active suicide or violence risk, active severe alcohol or substance use disorder, substantial cognitive impairment or dementia (assessed using telephone Mini-Mental State Examination (tMMSE) score ≤ 19), previously completed EAET, CBT-CP, or MM/MBSR, currently enrolled in another psychological pain treatment, currently in pain-related litigation or applying for pain-related compensation or compensation increase, unable to fluently read or converse in English, no home internet access.

Locations (2 total)

VA Greater Los Angeles Healthcare System, West Los Angeles, CA, West Los Angeles, California, United States
VA Connecticut Healthcare System West Haven Campus, West Haven, CT, West Haven, Connecticut, United States

<https://clinicaltrials.gov/study/NCT06004804>

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