

Wheelchair User Physical Activity Training Intervention to Enhance Cardiometabolic Health

NCT06013046

Status	RECRUITING
Phase	Not Applicable
Sponsor	Washington University School of Medicine
Enrollment	108 participants

Key Eligibility Criteria

Inclusion (8)

- Age 18 years or older
- Has a physical disability requiring the use of a wheelchair (includes manual wheelchairs, motorized wheelchairs, motor-assisted wheelchairs, and electric scooters)
- Ability to attend weekly exercise sessions in person
- Ability to independently move one or both upper extremities
- Has participated in no more than 60 minutes of moderate-intensity physical activity per week in the past month
- ... and 3 more (see full listing online)

Exclusion (5)

- Determination by their physician to be medically unstable
- Has had cardiovascular complications within the past year or unstable heart disease
- Currently receiving medical treatment for an acute injury
- Presence of a stage IV pressure injury
- Currently pregnant or suspect pregnancy

Locations (1 total)

Washington University School of Medicine, St Louis, Missouri, United States