

Using VirtuaCare™ Platform for Home Programs in Acute and Chronic Shoulder Conditions: A Pilot Study

NCT06016257

Status	RECRUITING
Phase	Not Applicable
Sponsor	Cedars-Sinai Medical Center
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (7)

- Physical therapy home program subjects
- Subject 18 years or older
- Outpatient physical therapy prescribed by doctor for shoulder rehabilitation.
- No previous neurological condition
- Understand English (exercises are only in English) Physical therapists
- ... and 2 more (see full listing online)

Exclusion (9)

- Physical therapy home program subjects
- Prior surgery within the last 5 years or less than 6 months between surgery
- Neurologic comorbidities that have functional deficits
- Uncontrolled diabetes
- Diagnosis with active cancer in the last two years
- ... and 4 more (see full listing online)

Locations (2 total)

Cedars-Sinai Medical Center Outpatient Rehabilitation, Los Angeles, California, United States
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