

Effects of Myofascial Release Technique on Mobility, Sensorimotor Function and Performance in Volleyball Players

NCT06017180

Status	RECRUITING
Phase	Not Applicable
Sponsor	Dokuz Eylul University
Enrollment	54 participants

Key Eligibility Criteria

Inclusion (7)

- Being playing volleyball
- Training at least two hours a week Being between the ages of 13-40
- Full active movement of the shoulder and elbow in all directions
- To have at least 3 years of overhead sports activity (volleyball) (Kurt, 2022)
- Active participation in training and competitions

... and 2 more (see full listing online)

Exclusion (14)

- Not wanting to participate in the study and not being able to fulfill its requirements
- History of upper extremity injury in the last 1 year
- Any history of surgery or fracture in the upper extremity
- The occurrence of pain during evaluations and applications
- Having a diagnosed disease related to the neck and shoulder

... and 9 more (see full listing online)

Locations (2 total)

Manisa Büyük ^ehir Belediyesi Spor Kulübü, Manisa, Turkey (Türkiye)
Manisa Gençlik ve Spor İl Müdürlü ü Voleybol Tak1m1, Manisa, Turkey (Türkiye)