

# Vertebropexy - Randomized-controlled Trial

NCT06024785

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Balgrist University Hospital
<b>Enrollment</b>	164 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Age ≥ 18 years
- Single-level or two-level lumbar surgery needed
- Indication for decompression surgery in patients with spinal canal stenosis and additional stable degenerative listhesis (without facet joint effusion ≥ 2mm)
- Indication for fusion surgery in patients with spinal canal stenosis and additional unstable degenerative listhesis (facet joint effusion ≥ 2mm), in patients with foraminal stenosis and additional degenerative listhesis, and in patients with segment degeneration of the disc
- Understanding in German language

### Exclusion (7)

- Indication for decompression and/or fusion surgery in patients with solely disc herniation, fractures, lytic listhesis, tumor
- Patients undergoing revision surgery for infection
- Patients undergoing revision surgery on the same level if bony structures have been removed (e.g. prior laminectomy or midline decompression)
- Patients undergoing revision surgery in case of prior fusion surgery
- Inability to understand the study for linguistic or cognitive reasons
- ... and 2 more (see full listing online)

## Locations (1 total)

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Balgrist University Hospital, Zurich, Switzerland