

# Effect of an Interdisciplinary Spine Rehabilitation Program

NCT06030570

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**Status** RECRUITING  
**Sponsor** KU Leuven  
**Enrollment** 90 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Adults, age  $\geq$  18 years
- Spine problem for  $\geq$  6 weeks, needing interdisciplinary care (risk factors, failure of first line treatment, etc)
- Inclusion in Revita program
- Informed consent to participate

### Exclusion (2)

- Patients without sufficient understanding of the Dutch language
- Unable to participate in 2h rehabilitation sessions with exercises

## Locations (1 total)

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University Hospitals Leuven, Leuven, Belgium