

SMART Exercise for PAD

NCT06032065

Status	RECRUITING
Phase	Phase 3
Sponsor	Northwestern University
Enrollment	210 participants

Key Eligibility Criteria

Inclusion (4)

- First, all participants will be age 50 and older. Second, all participants will have PAD. PAD will be defined as either:
- An ABI ≤ 0.90 at baseline.
- Vascular lab evidence of PAD (such as a toe brachial pressure less than or equal to 0.70 or an ankle brachial index less than or equal to 0.90), or angiographic evidence of PAD defined as at least 70% stenosis of an artery supplying the lower extremities.
- An ABI of >0.90 and <1.00 who experience a 20% or greater drop in ABI in either leg after the heel-rise test.

Exclusion (25)

- Above- or below-knee amputation
- Limb-threatening ischemia defined as an ABI <0.40 with symptoms of rest pain
- Wheelchair confinement or requiring a walker to ambulate
- Walking is limited by a condition other than PAD
- Current foot ulcer on bottom of foot
- ... and 20 more (see full listing online)

Locations (3 total)

Northwestern University Feinberg School of Medicine, Chicago, Illinois, United States
University of Chicago, Chicago, Illinois, United States
University of Minnesota, Minneapolis, Minnesota, United States