

# Motivational Interviewing and Mindfulness-Oriented Recovery Enhancement

NCT06033599

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<b>Status</b>	RECRUITING
<b>Phase</b>	Phase 3
<b>Sponsor</b>	Rutgers, The State University of New Jersey
<b>Enrollment</b>	420 participants

## Key Eligibility Criteria

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### Inclusion (3)

- English-speaking
- Age ≥18
- Currently on methadone; and 4) currently smoke cigarettes.

### Exclusion (7)

- Severe cognitive impairment (score <23 on Mini Mental Status Exam) or psychosis (positive SCID Psychotic Screen)
- Suicidal risk (score ≥7 on Suicidal Behaviors Questionnaire)
- Inability to attend or fully participate in intervention sessions or assessments
- Previous formal mindfulness training (e.g., MBSR, MBRP) or MORE (from the R21 or R33)
- Currently taking smoking cessation pharmacotherapy or participating in smoking cessation counseling
- ... and 2 more (see full listing online)

## Locations (2 total)

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Rutgers Robert Wood Johnson Medical School, New Brunswick, New Jersey, United States  
University of Utah, Salt Lake City, Utah, United States