

Evaluation of The Food Allergy Mastery Program

NCT06034678

Status	RECRUITING
Phase	Not Applicable
Sponsor	Children's National Research Institute
Enrollment	240 participants

Key Eligibility Criteria

Inclusion (5)

- age 10-14 years
- physician diagnosis (i.e., history of a reaction to the food and/or recent positive skin prick test or IgE-specific testing) of at least 1 of the 9 most common IgE-mediated food allergies (peanut, tree nut, cow's milk, egg, soy, wheat, shellfish, fish, sesame) for e1 year, with accompanying allergen avoidance prescribed by an allergist
- English fluency
- access to a device with internet access
- either a food allergy knowledge score of \<80% correct on the Food Allergy Knowledge Test (FAKT) or a food allergy impact score of e3 on the Food Allergy Independent Measure (FAIM).

Exclusion (2)

- diagnosis of a non-IgE-mediated food allergy or food intolerance, a non-atopic chronic illness or pervasive developmental disorder/cognitive limitation
- Current participation in psychotherapy with a therapist with food allergy expertise

Locations (1 total)

Childrens' National Hospital, Washington D.C., District of Columbia, United States