

# Impact of Pomegranate Seed Oil on Postprandial Cardiovascular Disease Risk Markers

NCT06042673

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Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Reading
Enrollment	15 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Postmenopausal women who have been postmenopausal for at least 12 months.
- Aged 65 and under years
- Serum TAG  $\leq$  2.3 mmol/l
- Body mass index (BMI) between 18-35 kg/m<sup>2</sup>
- Fasting total cholesterol  $\leq$  7.5 mmol/l
- ... and 1 more (see full listing online)

### Exclusion (11)

- Smokers
- Medical history of myocardial infarction or stroke in the past 12 months
- Diabetes (defined as fasting glucose  $\geq$  7.0 mmol/l) or other endocrine disorders
- Kidney, liver, pancreas or gastrointestinal disorder
- Hypertension (blood pressure  $\geq$  140/90 mmHg), cancer, medication for hyperlipidaemia (e.g. statins), hypertension or, inflammation
- ... and 6 more (see full listing online)

## Locations (1 total)

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