

# Kids With Iron Deficiency and Scoliosis

NCT06042699

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Columbia University
Enrollment	275 participants

## Key Eligibility Criteria

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### Inclusion (5)

- years old;
- diagnosis of scoliosis or kyphosis;
- self-reported ability to swallow a tablet;
- spinal fusion procedure planned approximately 6 to 24 weeks from an orthopedic surgical clinic visit at which patient agrees to phlebotomy for screening blood work;
- serum ferritin less than or equal to 25 µg/L.

### Exclusion (12)

- taking or planning to take iron-containing supplement on patient's own volition, and not willing to stop for duration of study;
- taking or planning to take iron-containing supplement as prescribed or recommended under the care of a physician;
- Hg <10mg/dL if post-menarchal, Hg < 11 if premenarchal or male
- C-reactive protein > 10 mg/L
- receiving nutritional support by report in the medical chart;
- ... and 7 more (see full listing online)

## Locations (1 total)

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Columbia University Medical Center, New York, New York, United States