

Relationship Between Individual Effect of Diet on Postprandial Glycemia and Gut Microbiome Profile in Healthy Subjects

NCT06051318

Status	RECRUITING
Phase	Not Applicable
Sponsor	BiomeHub Biotechnology Company
Enrollment	80 participants

Key Eligibility Criteria

Inclusion (5)

- BMI ≥ 18.5 and ≤ 30
- Willing to use an intradermal continuous glucose monitoring sensor during the 10-day study
- Own a mobile phone with NFC technology
- Willing to provide a fecal swab sample and a stool sample
- Understanding, agreement, and signing of the approved Informed Consent Form (ICF) by the Ethics Committee (CEP)

Exclusion (13)

- Pregnant or lactating women
- Diagnosis of any gastrointestinal disorder or disease (Irritable Bowel Syndrome, Ulcerative Colitis, Crohn's Disease)
- Intolerance or allergy to any diet ingredient
- Autoimmune disorder (Lupus, Type 1 Diabetes, Celiac Disease) or infectious disease
- Diabetes diagnosis
- ... and 8 more (see full listing online)

Locations (1 total)

BiomeHub, Florianópolis, Santa Catarina, Brazil