Induction to Labour With Double Cervical Ballon at Home Versus at Hospital

NCT06053073

Status	RECRUITING
Phase	Not Applicable
Sponsor	Fundació Institut de Recerca de l'Hospital de la Santa Creu i Sant Pau
Enrollment	834 participants

Plain Language Summary

This study compares starting labor induction at home versus in the hospital using a double balloon cervical catheter — a device that gently opens the cervix to prepare for childbirth. Home induction may be more comfortable and efficient for low-risk pregnancies.

You may be eligible if...
- You are pregnant, over 18, with a single baby in head-first position
- You are between 37 and 42 weeks pregnant
- Your induction reason is low to intermediate risk (e.g., post-dates pregnancy, gestational diabetes, or a large baby)
- You are able to read and understand the consent form

You may NOT be eligible if...
- Your water has already broken (PROM)
- Your baby is in a breech or abnormal position
- You have active bleeding, a serious pregnancy complication, or a prior classical (vertical) C-section scar
- You have a contraindication to vaginal birth

Talk to your doctor to see if this trial is right for you.

Key Eligibility Criteria

Inclusion (8)

- Pregnant women with ages \>18 y.o
- Being able to read and understand the informed consent
- Accept to join the study when signing the informed consent
- Singleton
- Cephalic presentation

... and 3 more (see full listing online)

Exclusion (22)

- Premature rupture of membranes (PROM)
- Breech presentation
- Unstable presentation
- Polihydramnios
- Severe congenital fetal afection

... and 17 more (see full listing online)

Locations (1 total)

Hospital de la Santa Creu i Sant Pau, Barcelona, Spain