

# The Effect of Motor Image Training on Balance Performance in Geriatric Individuals

NCT06056180

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Mu la S1tk1 Koçman University
Enrollment	46 participants

## Key Eligibility Criteria

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### Inclusion (6)

- To be between 60-80 years old
- Having the ability to speak, read, understand and write Turkish
- To have the cognitive skills to understand and apply the trainings to be applied in the study (with e 24 points from the Mini Mental State Test)
- Being able to do activities of daily living independently
- Being able to walk independently (without using a walking aid and at least 10 meters)
- ... and 1 more (see full listing online)

### Exclusion (9)

- Having visual, hearing and sensory impairment
- To have had a trauma, lesion or surgery that may affect balance and musculoskeletal system in the last 6 months
- Having a history of 2 e falls in the last 6 months
- Having any chronic lower extremity pain
- Having an acute or chronic illness that may cause problems with balance and falling
- ... and 4 more (see full listing online)

## Locations (1 total)

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Mugla Sitki Kocman University, Mente\_e, Mu la, Turkey (Türkiye)