

Biological and Behavioral Outcomes of Community Nature Walks

NCT06056375

Status	RECRUITING
Phase	Phase 1
Sponsor	Charlotte Tate
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (5)

- Inclusion criteria:
- years or older
- able to commit to a 9-month Nature Intervention (6-month walks; 3-month chosen nature activity)
- spoken languages: English, Spanish, or Tagalog
- able-bodied as in must be able to walk.

Exclusion (3)

- pregnant women (and other gender identities who are pregnant)
- prisoners
- cognitively impaired

Locations (1 total)

San Francisco State University, San Francisco, California, United States