

Effect of Lactobacillus Johnsonii or White Pomegranate Extract on the Vaginal Health

NCT06069531

Status	RECRUITING
Phase	Not Applicable
Sponsor	Chung Shan Medical University
Enrollment	150 participants

Key Eligibility Criteria

Inclusion (3)

- Females aged 20-45
- Nugent score e 4
- Menstrual cycle of 28-60 days

Exclusion (4)

- Pregnant or lactating women
- Antibiotic usage
- Other reproductive-related inflammatory diseases (e.g., candidiasis, gonorrhea, chlamydia infection)
- Allergy to probiotics or White Pomegranate-related components

Locations (1 total)

Chung Shan Medical University Hospital, Taichung, Taiwan