

Study on Dietary Intake Levels of Iodine for 3-6 Years Old Pre-school Children

NCT06074770

Status RECRUITING
Sponsor Chen Wen
Enrollment 2,650 participants

Key Eligibility Criteria

Inclusion (2)

- for children with mild malnutrition: hemoglobin ≤ 110 g / L, or weight for age $\leq P50$ according to the Chinese 2009 child growth and development reference standard, or BMI z score ≤ -1 according to the WHO Child Growth Assessment Software (version 3.2.2) ; have not been treated for thyroid disease; have not used amiodarone and other drugs (including iodine supplements) during the investigation; have no major diseases ,chronic diseases and family history.
- for children with good nutritional status: healthy, $-1 \leq$ BMI z score ≤ 1 ; have not been treated for thyroid disease; have not used amiodarone and other drugs (including iodine supplements) during the investigation; have no major diseases ,chronic diseases and family history;

Exclusion (1)

- long-term low-protein; long-term low-heat energy malnutrition

Locations (1 total)

Shandong Institute for Endemic Disease Control and Research, Yuncheng, Shandong, China