

# Investigation of the Effects of Sleep Fragmentation on Itch and Pain Sensitivity

NCT06081946

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Aalborg University
Enrollment	30 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Healthy men and women
- years
- Speak and understand English
- Access to a smartphone during the experimental nights

### Exclusion (10)

- Pregnancy or lactation
  - Drug addiction defined as any use of cannabis, opioids, or other drugs
  - Previous or current history of neurological, dermatological, immunological musculoskeletal, cardiac disorder or mental illnesses (psychiatric diagnosis) that may affect the results (e.g., neuropathy, muscular pain in the upper extremities, anxiety, depression, schizophrenia etc.)
  - Moles, wounds, scars, or tattoos in the area to be treated or tested
  - Current use of medications that may affect the trial such as antihistamines and pain killers.
- ... and 5 more (see full listing online)

## Locations (1 total)

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Aalborg University, Aalborg, Denmark