

# The N-LVA Study: RCT Comparing LVA vs. Sham Surgery in Cancer-related Lymphedema

NCT06082349

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Maastricht University Medical Center
Enrollment	110 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Treated for cancer and underwent treatment of either axillary or inguinal lymph nodes or radiotherapy;
- Early stage lymphedema (ISL I-II) in the upper or lower extremity, and diagnosed by lymphoscintigraphy for the lower extremity;
- Unilateral lymphedema;
- Viable lymphatic vessels as determined by indocyanine green (ICG)Lymphography (stage II-III);
- Refractory lymphedema that underwent at least three months of conservative treatment;

... and 1 more (see full listing online)

### Exclusion (10)

- History of lymphatic reconstruction in the past 10 years;
- Late-stage lymphedema of the extremity (ISL classification e II lymphedema) with evident fat deposition and/or fibrosis;
- Patients with active distant metastases, treated with palliative intent;
- Patients with the active treatment of primary cancer, i.e. surgery, radiotherapy, and/or chemotherapy. Note: patients receiving adjuvant targeted and/or endocrine treatment are eligible;
- Edema due to venous insufficiency, evaluated by venous duplex ultrasound of the deep and superficial venous system;

... and 5 more (see full listing online)

## Locations (3 total)

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Radboud University Medical Center, Nijmegen, Gelderland, Netherlands  
Maastricht University Medical Center, Maastricht, Limburg, Netherlands  
Erasmus University Medical Center, Rotterdam, South Holland, Netherlands