

# Managing Kyphosis With Exercise

NCT06082739

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Cedars-Sinai Medical Center
<b>Enrollment</b>	120 participants

## Key Eligibility Criteria

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### Inclusion (2)

- Patients ages 8 and older with postural or Scheuermann's kyphosis with  $\gt 45^\circ$  of kyphosis or  $\gt 10^\circ$  of thoracolumbar kyphosis from T11-L1 or other cases which seem to have excessive kyphosis.
- Parents of patients aged 17 and younger who are 18 and older and cognitively able to complete a survey will be included in the study as well.

### Exclusion (3)

- Patients with congenital kyphosis or scoliosis greater than  $30^\circ$ .
- Parents of patients aged 17 and younger who are less than 18 years of age or cognitively unable to complete a survey will be excluded from the study.
- Any records flagged "break the glass" or "research opt out."

## Locations (1 total)

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Cedars-Sinai Medical Center, Los Angeles, California, United States