

Lumbosacral Spinal Stenosis - Non-Invasive Postural Therapy for Older Adult Veterans

NCT06089746

Status	RECRUITING
Phase	Not Applicable
Sponsor	VA Office of Research and Development
Enrollment	20 participants

Key Eligibility Criteria

Inclusion (15)

- Veterans receiving care at participating VA
- Ability to read and write English and understand instructions
- Agrees to comply with instructions
- Symptoms for over 3 months
- Diagnosis of Lumbar Spinal Stenosis as the cause of symptoms

... and 10 more (see full listing online)

Exclusion (19)

- Previous Low Back Surgery for SS including decompression or fusion
- Successful Spinal Stenosis Treatment (such as injection) over the prior 3 months
- X ray, CT, or MRI shows Lumbar Spinal Stenosis in 3 or 4 levels
- Prior Lumbar Fracture
- Scoliosis with Cobb angle over 20 degrees on weight bearing AP Views

... and 14 more (see full listing online)

Locations (1 total)

Baltimore VA Medical Center VA Maryland Health Care System, Baltimore, MD, Baltimore, Maryland, United States