

Studying Melatonin and Recovery in Teens

NCT06093477

Status	RECRUITING
Phase	Not Applicable
Sponsor	Stanford University
Enrollment	45 participants

Key Eligibility Criteria

Inclusion (9)

- Patients/youth:
- Age 12-18 years
- Participants undergoing elective major musculoskeletal surgery for eligible conditions
- California state resident
- Regular access to internet and smartphone
- ... and 4 more (see full listing online)

Exclusion (11)

- Patients/youth
- Prescription medication for premonitory insomnia
- Cognitive impairment or developmental delay
- Does not agree to a 1-week washout if taking over the counter supplements or other sleep aids prior to the start of the study medication
- High risk for sleep related breathing disorder
- ... and 6 more (see full listing online)

Locations (1 total)

Lucile Packard Children's Hospital, Palo Alto, California, United States