

# Improving Overactive Bladder Treatment Access and Adherence

NCT06094543

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Stanford University
<b>Enrollment</b>	30 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Female aged 18 years or older
- OAB symptoms for at least 3 months
- English/Spanish language skills and cognitive status sufficient to complete all study related materials
- Behavioral treatment naïve patients
- Previously treated OAB patients without supervised pelvic floor physical therapy or pharmacotherapy within 1 year

### Exclusion (13)

- Post void residual urine  $\gt$  150ml
  - Confirmed diagnosis of Interstitial Cystitis/Painful Bladder Syndrome (IC/PBS)
  - Pregnant or breastfeeding patients
  - Patients residing in a nursing home
  - Comorbid neurological conditions, including spinal cord injury, progressive neurologic illnesses (e.g. Multiple Sclerosis, Parkinson's disease) or central nervous system disease (e.g. brain tumor, stroke)
- ... and 8 more (see full listing online)

## Locations (1 total)

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Stanford Pelvic Health Center, Redwood City, California, United States