

# The Effect of Lavender Essential Oil for Delirium in Elderly Intensive Care Unit Patients: Study Protocol

NCT06100029

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Chongqing Traditional Chinese Medicine Hospital
Enrollment	68 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Critically ill patients aged between 60 and 90 years old
- Had an expected total ICU length of stay (LOS) of 72 hours or more
- Admitted to the ICU within 48 hours before screening
- Signed the informed consent form.

### Exclusion (7)

- Incapacitation preventing the assessment of delirium (i.e., coma, sedation, or active seizures)
- History of psychiatric disorders, dementia, Parkinson's disease, use of antipsychotic drugs, or alcohol dependence
- History of traumatic brain injury or brain infection
- Diagnosis of delirium prior to intervention initiation
- Allergies to medications used in the protocol or current participation in other drug studies
- ... and 2 more (see full listing online)

## Locations (1 total)

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Chongqing traditional Chinese medicine hospital, Chongqing, China