

# The ReVo Study: Low-volume vs High-volume Rectal Irrigation

NCT06100055

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Guy's and St Thomas' NHS Foundation Trust
<b>Enrollment</b>	166 participants

## Key Eligibility Criteria

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### Inclusion (6)

- All adult patients over 18 years who have self-reported problematic constipation secondary to evacuation disorders
- With symptom onset of more than 6 months
- Symptoms must meet American College of Gastroenterology definition of constipation which is symptoms including unsatisfactory defecation with either infrequent stools, difficulty in passing stool or both for at least previous 3 months (25)
- All should have tried and failed conservative management (laxatives, life-style modification and bio-feedback)
- Patients should also have ability and willingness to give informed consent.

... and 1 more (see full listing online)

### Exclusion (11)

- Patients with
- Major colorectal resection surgery, pelvic floor surgery to address defaecatory problems such as posterior vaginal repair, STARR, rectopexy and sacral nerve stimulation within last three months
- Pregnancy
- Active rectal bleeding
- Colorectal cancer

... and 6 more (see full listing online)

## Locations (1 total)

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St Thomas' Hospital, London, United Kingdom