

OptiMuscle - Improving Respiration by Optimising Muscle Function

NCT06103955

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Salford
Enrollment	10 participants

Key Eligibility Criteria

Inclusion (4)

- Ability to stand and walk independently
- History of breathing difficulties, such as breathlessness and difficult or laboured breathing for at least previous 6 months.
- Clinical diagnosis of dysfunctional breathing, sometimes referred to as breathing pattern disorder.
- If participants have co-existing respiratory problems, e.g. asthma, these should not be felt (in the opinion of the referring clinician) to be the cause of the current symptoms of breathlessness.

Exclusion (5)

- Inability to speak and understand English sufficient to read and understand the information sheet and sign the consent form.
- BMI ≥ 34
- Currently receiving active treatment for dysfunctional breathing
- Received treatment for acute lower respiratory tract infection or asthma exacerbation with last 4 weeks
- Significant respiratory co-morbidity (i.e. where the major respiratory diagnosis is not asthma)

Locations (1 total)

University of Salford, Manchester, Greater Manchester, United Kingdom