

An Effectiveness Evaluation for Pathway to Healthy Aging (Path-HA) Care on Health Status of Older Adults

NCT06105723

Status	RECRUITING
Phase	Not Applicable
Sponsor	The University of Hong Kong
Enrollment	1,000 participants

Key Eligibility Criteria

Inclusion (4)

- \) aged 60 or above,
- \) with at least two risk factors of accelerating aging defined as including reduced physical functioning, malnutrition, depressed mood, loneliness, poor health perception, and presence of geriatric symptoms (e.g. insomnia, pain, etc), based on their health screening results,
- \) community-dwelling,
- \) communicable to engage in health education activity.

Exclusion (2)

- \) any who is not at or at only one risk factor of accelerating aging,
- \) any who has problems in communicating with the research team.

Locations (1 total)

The University of Hong Kong, Hong Kong, Hong Kong