

# Effects of Pelvic Floor Training in Male Chronic Pelvic Pain, Correlation Between Subjective and Objective Outcomes

NCT06115083

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Region Stockholm
Enrollment	40 participants

## Key Eligibility Criteria

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### Inclusion (1)

- Men over the age of 18, residents in Sweden, diagnosed with Chronic Primary Pelvic Pain Syndrome (CPPPS) according to the International Statistical Classification of Diseases and Related Health Problems (ICD-10) (N41.1 (chronic prostatitis), N41.9 (Inflammatory disease of prostate, unspecified), N50.8F (Chronic Pelvic Pain Syndrome in men))

### Exclusion (5)

- Cancer in the abdomen or pelvic organs (current or previous)
- Congenital anomalies affecting the pelvic region (Bladder exstrophy, Myelomeningocele etc.)
- Transsexual male, (i.e. at birth biologically female)
- Diseases affecting the nerve function to the pelvic and/or lower extremities, other disease or ongoing treatment that could have an impact on the outcome of the study.
- Incapability to participate in testing or follow training instructions due to mental incapacity, language difficulties etc.

## Locations (1 total)

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Karolinska University Hospital, Stockholm, Sweden