

# Strategies for Implementing a Postpartum Lifestyle Intervention in WIC Clinics

NCT06116149

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Tulane University
Enrollment	722 participants

## Key Eligibility Criteria

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### Inclusion (13)

- Serve a large number of WIC postpartum participants
- Willing and able to provide space for the study
- Age 18 or older
- Gave birth in the past 6 weeks to 12 months
- Obesity or history of gestational diabetes mellitus (Current BMI  $\geq 30$  kg/m<sup>2</sup>, OR Medical-record documented history of gestational diabetes mellitus and BMI  $\geq 25$  kg/m<sup>2</sup>)
- ... and 8 more (see full listing online)

## Locations (1 total)

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Tulane University School of Public Health and Tropical Medicine, New Orleans, Louisiana, United States

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<https://clinicaltrials.gov/study/NCT06116149>

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