

A Female-Specific CBT Group for Veteran Women With Alcohol Use Disorder in VA Primary Care Settings

NCT06118346

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | University of Massachusetts, Worcester |
| Enrollment | 162 participants |

Key Eligibility Criteria

Inclusion (5)

- women aged 18 or older
- Veteran of the U.S. Armed Forces
- Enrolled in healthcare at VA NYHHS;
- AUDIT-C e3 plus diagnosis of AUD and/or risky drinking (defined by the National Institute on Alcohol Abuse and Alcoholism as more than 3 drinks on any one day or more than 7 drinks per week) on more detailed screening
- consumed alcohol within 90 days prior to our study's initial eligibility screen.

Exclusion (3)

- participant is acutely suicidal
- participant has acute psychotic or manic symptoms associated with severe mental illness
- participant is pregnant at initial eligibility screen.

Locations (1 total)

VA New York Harbor Healthcare System, New York, New York, United States