

Guided Episodic Future Thinking to Increase Physical Activity Adherence and Promote Healthy Brain Aging

NCT06123182

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Kansas Medical Center
Enrollment	160 participants

Key Eligibility Criteria

Inclusion (11)

- speak English
- have access to reliable communication (a telephone or cell phone, computer, etc.)
- normal or corrected to normal vision and hearing
- ambulatory (without the use of assistive devices)
- physically underactive

... and 6 more (see full listing online)

Exclusion (4)

- patients with arrhythmias or acute cardiac events will be excluded due to potential complications with the supervised moderate exercise
- at risk for hazard due to magnetic fields due to MR safety concerns
- have any neurologic or psychiatric disorder except depression, anxiety (including post-traumatic stress disorder)
- have history of seizures or head trauma due to MR data quality

Locations (1 total)

University of Kansas Medical Center, Kansas City, Kansas, United States