

Self-rehabilitation At Home After Lumbar Arthrodesis (SAHARA)

NCT06129682

Status	RECRUITING
Phase	Not Applicable
Sponsor	Assistance Publique - Hôpitaux de Paris
Enrollment	120 participants

Key Eligibility Criteria

Exclusion (11)

- Surgery for posterolateral lumbar arthrodesis, from a degenerative etiology, from 1 to 3 lumbar levels (one level means one inter-somatic space)
 - Surgery indication after optimal medical treatment, including appropriate pain medicine, and fail of medical treatment for reducing lumbar pain and/or nerve root pain and/or limp
 - Return home possible after surgery
 - After signing consent during pre-operative visit with the surgeon
 - People under 18 years-old
- ... and 6 more (see full listing online)

Locations (1 total)

AP-HP - Hôpital Européen Georges-Pompidou Paris, France, Paris, Île-de-France Region, France