

Group CBT in Parents of Children With Food Allergy

NCT06138431

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Missouri, Kansas City
Enrollment	10 participants

Key Eligibility Criteria

Inclusion (6)

- Parent, age >18yrs
 - All genders
 - Child must be aged 18 months - 17yrs with serious food allergy(ies), medically diagnosed
 - Meets cut-offs for anxiety and/or depression on the Hospital Anxiety and Depression Scale (need to define)
 - Parent can be on stable doses of antidepressants or anxiety medications but all doses must remain stable for 1 month before study and during it as well as for 2 months after the groups are completed: to fill out final questionnaires
- ... and 1 more (see full listing online)

Exclusion (7)

- Parental history of recent suicidal ideation / suicide attempt
 - Current Suicidal ideation
 - Current substance abuse
 - Parent currently in psychiatric treatment and medications being adjusted
 - Using OTC anxiety or depression relief, or CBD or medical marijuana
- ... and 2 more (see full listing online)

Locations (1 total)

University Health Behavioral Health Canvas Building, Kansas City, Missouri, United States