

Induction in the Dark

NCT06144177

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| Status | RECRUITING |
| Phase | Phase 4 |
| Sponsor | Medical University of South Carolina |
| Enrollment | 240 participants |

Plain Language Summary

This study investigates whether dimming the lights in the operating room during the process of putting a child to sleep with anesthesia helps reduce their anxiety and makes the experience more comfortable.

****You may be eligible if...****

- Your child is between 2 and 6 years old
- They are having an elective (non-emergency) outpatient surgical procedure
- They will be given general anesthesia through a face mask
- A parent or guardian is willing to be present in the room during the process of going under anesthesia
- They have an American Society of Anesthesiologists (ASA) status of I or II (generally healthy or with mild illness)

****You may NOT be eligible if...****

- Your child has had surgery before
- Your child has a fear of the dark
- There are medical reasons why mask induction of anesthesia is not appropriate (e.g., drug allergy, ate/drank before surgery, severe acid reflux, active vomiting)
- Your child has a severe developmental delay
- Your child has extreme pre-existing anxiety
- Your child is currently taking psychiatric medications
- Your family does not speak English

Talk to your doctor to see if this trial is right for you.

Key Eligibility Criteria

Inclusion (5)

- Age 2 to 6 years old
- American Society of Anesthesiologists physical status I-II
- Outpatient elective surgical procedures
- Undergoing general anesthesia
- Parent or guardian willing to be present during induction

Exclusion (7)

- History of previous surgery
- Fear of the dark
- Contraindication to inhalational mask induction of general anesthesia such as allergy to inhalation medication, NPO violation, active nausea or vomiting, severe GERD, etc.
- Severe developmental delay
- Severe obvious, preoperative anxiety

... and 2 more (see full listing online)
<https://clinicaltrials.gov/study/NCT06144177>

Locations (1 total)

Medical University of South Carolina, Charleston, South Carolina, United States

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