

# Wheat Bread Study: Comparison of the Tolerance of Different Wheat Breads

NCT06152445

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| Status     | RECRUITING              |
| Phase      | Not Applicable          |
| Sponsor    | University of Hohenheim |
| Enrollment | 64 participants         |

## Key Eligibility Criteria

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### Inclusion (8)

- Age e18 d75 years
- Signed declaration of consent
- Willingness to adhere to the prescribed diet for the duration of the study
- Chronic gastrointestinal symptoms for at least 6 months
- Anamnestic wheat sensitivity
- ... and 3 more (see full listing online)

### Exclusion (5)

- Taking intestinal therapeutics, antibiotics, immunosuppressants, anti-allergic medication or similar
- Pregnancy / lactation
- Occurrence of relevant diseases (possibly individual decision)
- Revocation of consent
- Concurrent participation in another clinical study

## Locations (2 total)

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Institute of Nutritional Medicine, University of Hohenheim, Stuttgart, Baden-Wurttemberg, Germany

Institute of Nutritional Medicine, University Hospital Schleswig Holstein, Campus Lübeck, Lübeck, Schleswig-Holstein, Germany