

# Voice Therapy Per the Rehabilitation Treatment Specification System

NCT06152627

---

<b>Status</b>	RECRUITING
<b>Sponsor</b>	Massachusetts General Hospital
<b>Enrollment</b>	600 participants

## Key Eligibility Criteria

---

### Inclusion (2)

- Diagnosis of primary Muscle Tension Dysphonia (pMTD)
- Patients with pMTD will be included regardless of subtype (e.g., functional aphonia, vocal fry, ventricular dysphonia) and they can have secondary diagnoses of reflux.

### Exclusion (2)

- Patients diagnosed with pMTD will be excluded if they have secondary diagnoses related to structural, neurological, or respiratory disorders such as laryngitis, obvious vocal fold nodules, polyps, cyst, granuloma, sulci, paradoxical vocal fold motion, chronic cough, confirmed or possible upper airway paralysis/paresis, dysphagia, polypoid corditis, keratosis, presbylarynx, leukoplakia, or history of radiation to the head/neck. Patients with pMTD will be included regardless of subtype (e.g., functional aphonia, vocal fry, ventricular dysphonia) and they can have secondary diagnoses of reflux.
- Non-English speakers. The RTSS-Voice's standard and operationalized categories are in English.

## Locations (5 total)

---

Emory University, Atlanta, Georgia, United States  
Massachusetts General Hospital, Boston, Massachusetts, United States  
New York University, New York, New York, United States  
... and 2 more locations