

Validity of an Upper Extremity Physical Performance Test Battery in Healthy Athletes

NCT06153121

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Ghent
Enrollment	200 participants

Key Eligibility Criteria

Inclusion (2)

- In good general health
- Play tennis or swim competitively, at least 3 hours per week (training + competition)

Exclusion (5)

- History of shoulder dislocation in dominant and/or nondominant shoulder
- History of upper extremity surgery
- At the moment of participation, participants should not report a substantial injury (defined by the Oslo Sports Trauma Research Centre questionnaire on health problems) in the past two months. A substantial injury is defined as a moderate or severe reduction in training volume or reduction in sports performance or complete inability to participate in sport as substantial injuries and illnesses.
- Neurological symptoms in any extremity
- Suffering from a systemic disease (such as diabetes, lupus, arthrosis,..)

Locations (1 total)

Department of rehabilitation sciences, Ghent, Belgium